

## Workshops for Representative Synod, 21<sup>st</sup> September 2019

### 1. Mental health issues in later life – an MHA chaplain’s perspective – led by Peter Slee, MHA Head of Chaplaincy for South of England

This workshop will explore some of the issues associated with ageing, from the perspective of an experienced MHA chaplain. The Methodist Church is not alone in finding many of its members are ‘full of years’ – and supporting older people struggling with issues of poor mental health will be an increasing need. This session will help you to understand some of the most common problems faced by your church members – and offer you some useful approaches in providing care and support.

### 2. Action for Children – led by Freya Hollingsworth, Community Fundraiser for Herts, Beds & Bucks, & Madeleine Clarke, Area Fundraiser for the Home Counties

2019 is the 150<sup>th</sup> anniversary of the opening of the first National Children’s Home by Methodist minister, Thomas Bowman Stephenson. Look back to discover what it was like for boys and girls of the Victorian era. Join in our interactive session to explore why children, young people and families need us now more than ever, and find out about the changes we are making to young lives throughout the UK.

### 3. Intergenerational Justice - led by Simeon Mitchell, Deputy Team Leader, JPIT

Building a society that values each generation: for the first time in a century, the next generation faces poorer prospects than the last, with many millennials struggling to afford housing and inheriting a planet which has blown its carbon budget. We’ll be exploring this emerging inequality by listening to the experiences of each generation and thinking together about what our faith might have to say about how to build a society with intergenerational justice at its heart.

### 4. Walking in the shoes of a port chaplain – led by Alex Campbell, Chief Executive & Company Secretary, QVSR, and Deacon Mark Muller, Port Chaplain, QVSR/GermanSeamen’s Mission

Workshop attendees will be given the opportunity to consider the physical and spiritual walk of a Port Chaplain as they seek to befriend and reach out in the name of Christ to seafarers from all nationalities, faiths, and cultures. There will be an opportunity to explore the challenges and the blessings that this role encounters.

### 5. How to build a culture of testimony in your church – led by Trey Hall, Director of Evangelism and Growth for the Methodist Church

Trey says: “Testimony saves lives and grows churches. That’s one of the reasons that when people ask me for best practices for renewing churches, I almost universally recommend it. This practical, how-to workshop explores how ordinary people like you and me can speak confidently, authentically, and publicly of their experience of God.”

### 6. Human trafficking and modern slavery – led by Hilary Evans, President of MWiB

The workshop aims to raise awareness, inform about the extent of human trafficking and modern slavery, and considers the underlying causes which drive it. We will look at different types of modern slavery, their prevalence, and consider how we as individuals can help to combat it.

**Please click on the link below to book a place, indicating your first and second choices (and click the ‘SEND’ button to submit your booking), by the deadline of Friday 13 September:**

[www.behdistrict.org.uk/Workshops](http://www.behdistrict.org.uk/Workshops)

Workshops will be allocated on a ‘first come, first served’ basis, and the workshop lists will be available on the day. **Please alert us at [beh34office@gmail.com](mailto:beh34office@gmail.com) to any mobility issues, and we will endeavour to allocate your chosen workshop to a ground floor classroom.**